BENEFIEX

Welcome to Pinellas County Schools

Enrollment Timeline

Enrollment Details

And More!









Welcome to BENEFlex

Get the Benefit Coverage You Need!

Life can bring many surprises—like an unexpected illness or accident. If you've been there, you know it can take its toll, emotionally, physically and financially. As a new Pinellas County Schools (PCS) employee, you can select from a comprehensive list of benefits—designed to give you security and peace of mind. Follow these steps to get the coverage you and your family will need.

1. LEARN ABOUT YOUR BENEFITS



Read this newsletter and view the online BENEFlex Guide at pcsb.org/ beneflex-guide.



For questions about the medical plans, visit the Aetna Member Website for PCS employees at aetnapcsb.com.

Call Aetna Concierge Customer Service at

866-253-0599 Monday through Friday 8:00 a.m. to 6:00 p.m.



Use the contact list on the inside back cover to contact the other insurance carriers for more information and answers to your questions.

Call Risk Management and Insurance

727-588-6197

Monday through Friday, 8:00 a.m. to 4:30 p.m.

Don't Need Medical Coverage? Maximize Your Board Contribution

If you don't enroll in a PCS-sponsored medical plan, you can use your \$75 per-pay-period Board Contribution (credit) to pay for supplemental benefits. See page 6 to learn more.

2. ENROLL BY YOUR DEADLINE

- Review the Enrollment Timeline on page 1.
- Complete your enrollment forms and submit them to Risk Management & Insurance within 31 days of your hire date, see pages 2–3.
- If you don't enroll when you are first eligible, you cannot enroll or change your benefits during the year unless you experience a qualified life event, see page 6.

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Wait! There's More!

In addition to these benefits, you and the members of your household are covered automatically under the Employee Assistance Program (EAP). You can also participate in the Be SMART wellness program. See page 24 for a brief overview of both programs.

Enrollment Timeline

Submit your enrollment forms within 31 days to make sure you are enrolled in the coverage you want and do not miss payroll deductions. Make the most of your time to make sure you have the coverage you need.

Day 1
Welcome
to PCS and
BENEFlex

Questions About Your Benefits?

Call: 727-588-6197 Or Visit: pcsb.org/risk-benefits Day 31
Deadline
to submit your
enrollment
form

Ask yourself... Who do you need to cover?

You can enroll eligible dependents in medical, dental, vision, hospital indemnity, life and accidental death and dismemberment (AD&D) Insurance, and Flexible Spending Accounts. See Dependent Eligibility on page 4.

Do I need medical?

If not, you have a \$75 Board Contribution credit per pay to spend on supplemental benefits! If you have coverage through a spouse or another source, you can use your Board contribution credit to pay for supplemental benefits (look for ◆ on the rate chart and enrollment and change form) and/or contribute to a Healthcare FSA. See page 21.

Consider your options and payroll deductions.

Review the chart on page 26 of this newsletter and the benefit summaries in this newsletter. Be sure to ask questions if you need to.

See the rates on pages 26-27.

A Note About Payroll Deductions

Premiums are due in advance and deductions begin the month before your insurance effective date. You pay for insurance coverage over a 10-month period but are covered for the entire calendar year. The amount deducted from your paycheck during the 10-month period represents both current coverage plus a portion for summer coverage. This "summer premium" may be an additional amount owed upon your initial enrollment as a new employee or if you change benefits during the year. You will be notified by the Risk Management and Insurance Department of any missed deduction or "summer premium" owed. Any amount due will be automatically payroll deducted or you will be requested to make a direct payment.

Submit your forms

- ☐ Statement of Benefits (required, provided by HR)
- ☐ Enrollment & Change Form (required)
- ☐ Disability Application Sun Life Financial (optional)
- ✓ Medical History Statement (online) — Standard Insurance Company (optional)

See pages 2-3.

CONGRATULATIONS!

Your benefits are effective the first day of the month following 60 days of employment in a benefits-eligible status.

Enrollment Details

Eligibility

You are eligible for benefits if you are:

- A full-time, regular employee who works at least 30 hours per week.
- · A job-sharing employee, or
- A part-time, regular employee in two or more authorized positions who works at least 30 hours per week.

Your insurance coverage is effective the first day of the month following 60 days of employment in an eligible status.

REQUIRED FORMS

- 1. Statement of Benefits (provided by Human Resources)
- 2. Enrollment and Change Form

Enrollment Forms

Your enrollment forms, listed below, should be received by the Risk Management and Insurance Department no later than 31 days from your date of hire or date of change to an eligible status. Submitting your forms on time will ensure you are enrolled and will not miss payroll deductions.

1. Statement of Benefits Form

			ATEMENT OF BENEFIT	-	
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2. Enrollment and Change Form

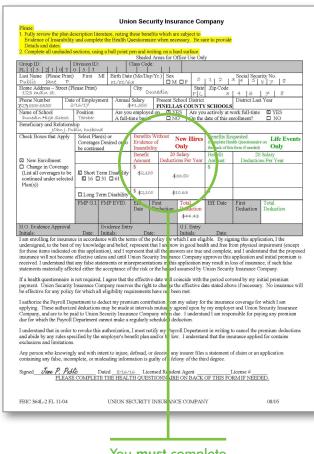
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REQUIRED FORMS IF YOU ARE ENROLLING IN THESE BENEFITS

- 3. Sun Life Financial Disability Application is required if you enroll in disability coverage.
- 4. Standard Insurance Company Medical History Statement is required if you select more than \$100,000 of employee life insurance coverage and/or optional spouse coverage. To submit your Medical History Statement, go to https://www.standard.com/mybenefits/pinellas/eeoi.html and follow the instructions shown below.

3. Sun Life Financial Disability (Union Security) Application



You must complete this section.

See page 27 for the Sun Life Financial disability rates.

4. Standard Insurance Company Life Insurance Medical History Statement (Online) Instructions

You must submit your Medical History Statement using the Standard Insurance Company's online statement. This statement is only required if you are requesting employee life insurance coverage greater than \$100,000 or spouse term life insurance.

The process takes approximately 15 minutes. NOTE: You need to have the amount of coverage you are requesting, physician names and addresses, and personal identification information to complete your submission.

Go to https://www.standard.com/mybenefits/pinellas/eeoi.html and check the "I Agree" button located at the bottom of the page to get started. Follow these steps:

- **1. Answer the Initial Questions.** Enter the applicant's name. This is the person applying for coverage, i.e., employee or spouse. Enter address information.
- **2. Demographic Questions.** Select an applicant type. This is the person applying for coverage. The applicant's date of birth is a required field. All other fields on this page are optional.
- **3. Employment Questions.** Your policy number of 755556 is prefilled. All other fields are optional.
- **4.** Coverage Questions. Indicate the type of application. As a new hire, you will select "Initial."
- **5. Medical Questions.** You **must** answer all of the health questions in order to advance to the next screen.
- **6. Notices and Signatures.** After reading all of the information, click the "I Agree" button to go to the next screen.
- 7. Submit Form. You now have the option to make changes or print a copy of your Medical History Statement and submit your statement. If you do not click the "Submit" button, your application will not be received by Standard Life Insurance Company.
- **8. Application Confirmed.** When you receive this notification, you have successfully submitted your application.



Dependent Eligibility

Please review the online BENEFlex Guide or visit pcsb.org/new-hire for details about dependent eligibility.

Are My Dependents Eligible for Coverage?

If you're eligible for coverage, you may also enroll your legally married spouse and dependent children. Children are covered through the end of the calendar year in which they reach age 26. If you have a disabled child reaching the limiting age by December 31, contact Risk Management at 727-588-6197 for the **Aetna Handicapped Dependent Forms** and return them as directed.

Enrolling a New Dependent?

If you're enrolling a dependent spouse or child in coverage, send documentation proving your relationship. Acceptable documentation:

- You must provide Social Security numbers for each dependent as required by the Centers for Medicare & Medicaid Services Medicare Secondary Payer program.
- For a spouse, provide your marriage license or the first page of your recent tax return with your spouse's name listed. You may mark out any financial information from the tax return document.
- For a child, provide:
 - Biological children: The child's birth certificate
 - Stepchildren: Birth certificate and your marriage license
 - Adopted children: adoption decree
 - Children for whom you have permanent legal guardianship: Court documents naming you as permanent legal guardian

Acceptable documentation must be provided to the Risk Management and Insurance Department prior to the effective date of your coverage.

Enrolling an ineligible dependent, whether intentionally or through oversight, constitutes fraud under Florida state law and may subject you to PCS disciplinary action.

Ineligible Dependents

If your enrolled dependent loses eligibility during the year (for example, to divorce, etc.) you must notify Risk Management and Insurance with 31 days of the event to cancel coverage for that dependent. Continuing coverage for an ineligible dependent, whether intentionally or through oversight, constitutes fraud and comes with a penalty.

Two-Board Employees

If you and your legal spouse are active benefits-eligible School Board employees and are enrolling at least one eligible dependent child, you have the option of selecting Two Board Family coverage. Please review the online BENEFlex Guide or visit *pcsb.org/new-hire* for details.



ENROLL WITHIN 31 DAYS OF YOUR HIRE DATE!



You Have Choices!

Your benefits cost money, for both you and PCS. Not having the right coverage could cost a lot more. Take time to consider your and your family's benefit needs and review your options. Learn more on the pages noted and review rates on page 26.



PREPARE

Look back: What have you spent on health care this year?

Look ahead: What expenses do you expect to have in 2019?



EVALUATE YOUR OPTIONS



Aetna Medical

Review pages 7–17 and the rates on pages 26–27 and visit *aetnapcsb.com*.



Not Enrolling in Medical?

You have up to \$75 flex credits per pay period to spend on other benefits. You can use your Board Contribution (credit) to pay for supplemental benefits (look for the ◆) and/or contribute to a Healthcare FSA.



◆ Hospital Indemnity Plan (HIP) • page 18

Concerned about how you would pay expenses if you are hospitalized? This plan pays a daily benefit that you can use to pay your bills.



◆ Dental • page 19

Choose from two dental plans.



♦ VISION • page 20

Enroll in the vision plan.



Flexible Spending Accounts (FSAs) • page 21

Increase your take-home pay by reducing your taxable income. Not enrolling in medical? You can put between \$10 and \$25 of your Board Contribution in your Healthcare FSA.



Optional Term Life Insurance and/or

Accidental Death and Dismemberment (AD&D)
 page 22

If you or a covered dependent die, these benefits can help your family meet many financial needs, like funeral costs, daily living expenses, etc. What's more, there is no federal income tax on life insurance benefits.



◆ Long- and Short-Term Disability • page 23

If you get sick or have an accident, disability benefits can help you pay your bills by providing a monthly benefit while you are out of work.



There's More! MetLaw® Legal • page 23 • This plan provides access to a wide range of legal services at a fraction of the cost.



NEED MORE INFO?

Access the comprehensive BENEFlex Guide at *pcsb.org/beneflex-guide*.



ENROLL BY YOUR DEADLINE!

Follow the instructions on pages 2–3 and submit your enrollment form by your deadline. Your coverage is effective the first day of the month following 60 days of employment in a benefits-eligible position. It will remain in effect through Dec. 31, 2019 and cannot be changed during the year unless you have a qualified life event, see page 6.

BENEFIEX • CHOOSE YOUR BENEFITS

Board Contribution Credit

Are you covered by your spouse's medical plan or have other medical coverage?

If yes, consider declining medical coverage under the BENEFlex benefit program and taking advantage of the Board Contribution Credit. You are eligible to use up to the \$75 per pay credit toward the cost of qualifying supplemental benefits and/or deposit a portion of it in a Healthcare FSA. To identify qualifying benefits, look for the diamond (\spadesuit) throughout this guide including on the rate chart and on the enrollment form.

Enrollment in qualifying benefits is not automatic. You must complete an Enrollment & Change form electing the supplemental benefits of your choice. If you do not elect supplemental benefits, you forfeit the \$75 per pay credit.

Up to \$75 Per-Pay Board Contribution (Credit)

Pay for these supplemental benefits

- ◆ Hospital Indemnity Plan (HIP)
 - Dental
 - Vision
- Accidental Death and Dismemberment (AD&D)
 - Long- and Short-Term Disability

And/or deposit \$10-\$25 in a

Healthcare FSA

That is up to \$500 per year tax-free to pay eligible medical, dental, and vision expenses!



Changing Your Benefits During the Year

Pinellas County Schools conducts an annual enrollment period, held in the fall, during which time you may add, cancel or change your dependents and benefit coverage. Changes made during annual enrollment take effect January 1.

During the year, you may be able to change your benefits if you experience a qualified change in status (also called a life event). Your change request must be consistent with, and correspond to, a life event. You must submit your changes within 31 days of the life event by completing and returning an Enrollment and Change form to Risk Management and Benefits. Changes are effective the first of the month following the life event and receipt of your form and supporting documentation by Risk Management. Please review the online BENEFlex Guide or visit *pcsb.org/risk-benefits* for details.



Benefit Summaries

This section of the newsletter describes all your benefits options. For more information, access the comprehensive BENEFlex Guide at *pcsb.org/annual-enrollment*.

Aetna Medical Plans

You can choose from three medical plans. Each medical plan includes a network of doctors and other health care providers who offer their services at a lower negotiated rate. Your medical coverage includes prescription drug coverage.

Which Medical Plan Is Right for Me?

Choosing a medical plan is an important decision. Here are some key differences between each plan. Please review the online BENEFlex Guide and visit *pcsb.org/new-hire* or *aetnapcsb.com* for more information.

Choose from Three Aetna Medical Plans

- Select Open Access
- Choice POS II (Point of Service II)
- CDHP + HRA
 (Consumer Directed Health Plan with Health Reimbursement Account)

	Select Open Access	Choice POS II	CDHP		
Do I have to stay in-network to receive plan benefits?	YES	NO	YES		
What is the coverage area?	National	National	National		
Do I have to select a PCP?	Not Required	Not Required	Not Required		
Do I need a referral to see specialists?	NO	NO	NO		
What do I pay for medical services?	Co-pays for all services, no deductible	Deductibles, coinsurance and co-pays	Deductibles and coinsurance		
Is preventive care covered at 100%?	YES In-network only	YES In-network only	YES In-network only		
Is there a Health Reimbursement Account (HRA)?	NO NO YES (see page 8)				
Is there prescription drug coverage?	All three plans offer the Aetna Prescription Drug Program. Details are provided on pages 10–11.				

Other Options for Medical Insurance

If you cannot afford to enroll your spouse and/or child(ren) in a PCS medical plan, consider the following:

- Children: Consider Florida KidCare, the state-sponsored health care program for children from birth through age 18 who meet specific eligibility requirements. For more information, call 800-821-5437 or visit floridakidcare.org.
- Spouse and/or child(ren): If your spouse is employed, consider his or her employer's group health insurance. If your spouse is not employed or his or her employer doesn't offer group health insurance, the federal Health Insurance Marketplace may offer cost effective alternatives. You can also enroll your child(ren) in a Marketplace plan.



Aetna Medical Plans, continued

O Locate a Aetna Medical Provider

Each medical plan has its own provider network. Before you choose a plan, you should verify that your doctors, specialists, and other providers are in-network.

Call Aetna Concierge Service at 866-253-0599

- Go to aetnapcsb.com and select "Find a doctor" from the top menu.
- Under "Not a member yet?" select "Plan from an employer."
- Before you are enrolled, continue as a guest and enter your home location and follow the prompts.
- After you are enrolled in a plan, follow the steps under "Already a member" to register or log in to your secure member website and follow the prompts.

Aetna Medical Plan Networks

Plan	Network Name
Select Open Access	Open Access Aetna Select
Choice POS II	Choice POS II
CDHP + HRA	Open Access Aetna Select

The CDHP Health Reimbursement Account

- When you enroll in the CDHP + HRA, PCS will fund an Aetna PayFlex card with up to \$500 (individual) or \$1,000 (family) each year. This amount is prorated based on your month of hire. See the chart on the next page.
- You choose when to use the HRA. Aetna will not automatically apply your HRA funds when they process your claims.
- When you use your HRA PayFlex Card® you can pay the first \$500 (individual) or \$1,000 (family) of your eligible medical and/or prescription drug expenses. (You may also submit claim forms and receipts for reimbursement.)

Any funds remaining in your HRA at the end of the plan year will roll
over to the next plan year if you remain enrolled in the CDHP. If you
enroll in another medical plan during annual enrollment or leave
PCS, the HRA balance will be forfeited.

Although you can use your HRA card to pay eligible expenses at the time of your visit, we recommend you wait until you receive your explanation of benefits (EOB) from Aetna. Pay the balance due based on your EOB to ensure you do not overpay.

Register for Your Secure Member Website

Your secure Aetna member website can help you get more from your health care. Register for access to personal health and benefits information, your ID card, secure messages from Aetna, claim activities, a cost estimator, and more.

Go to aetnapcsb.com, select "Log In/Register," select "Register," and complete the registration process as prompted. It's that easy!

Health Management on the Go

Download the Aetna Mobile app to find care, access your ID card offline, manage your prescriptions, find an urgent care center, and more!

Android users:



Apple users:





ENROLL WITHIN 31 DAYS OF YOUR HIRE DATE!



CDHP Health Reimbursement Account Contributions

The amount of money deposited to your HRA is based on your benefits effective date as shown in this chart.

From	Individual	Family	From	Individual	Family	From	Individual	Family
January 1	\$500	\$1,000	May 1	\$333	\$666	September 1	\$166	\$333
February 1	\$458	\$916	June 1	\$291	\$583	October 1	\$125	\$250
March 1	\$416	\$833	July 1	\$250	\$500	November 1	\$83	\$166
April 1	\$375	\$ <i>75</i> 0	August 1	\$208	\$416	December 1	\$41	\$83

Important Information About the PayFlex HRA and Healthcare FSA Cards

When you enroll in the CDHP + HRA plan and you also enroll in a Healthcare Flexible Spending Account (FSA), you will receive **two** PayFlex debit cards to pay your eligible out-of-pocket expenses (including deductibles, coinsurance, and co-pays).

Payflex Card		Eligible Out-of-Pocket Expenses
HRA PayFlex Card	→	Pay for Medical/Rx Expenses
Healthcare FSA PayFlex Card	→	Pay for Medical/Rx, Dental, and Vision Expenses

The IRS requires that all payments made from FSAs and HRAs be substantiated or verified. While PayFlex will make every effort to automatically verify payments, in some cases they may ask you for documentation. If you do not respond by the deadline, your card will be "frozen" until you provide documentation, or you reimburse your HRA or FSA the amount of the payment.



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Aetna Medical Plans, continued

Aetna Prescription Drug Program

All medical plans include prescription drug coverage from Aetna. The program uses Aetna's Premier Plus Open Formulary. Each drug is grouped as a generic, preferred brand, non-preferred brand, or specialty drug.

You can view and print the drug list at *pcsb.org/healthinsurance*. Call Aetna Concierge Customer Service at **866-253-0599** with questions.

Generic Drugs Lowest Cost	Preferred Brand Drugs Higher Cost	Non-Preferred Brand Drugs Higher Cost	Specialty Drugs Highest Cost		
\$20 co-pay \$50 co-pay		\$90 co-pay	\$120 co-pay		
No dec	luctible	Deductible applies: \$250/individual \$500/family			
You will save the most when you u brand drugs when a generic is not	se generic drugs and preferred available.	Non-preferred brand drugs are higher cost and often have a generic or preferred brand alternative that can save you money.	Specialty drugs are the most expensive, high-technology and self-administered injectable medications not available on other levels.		



Generic, preferred, and non-preferred brand maintenance drugs: You pay two co-pays for a three-month supply at the local retail pharmacy or through the Aetna Rx Home Delivery service, after applicable deductibles. Specialty drugs are not available through this service.

Restrictions

Regardless of the Rx tier, some drugs may be subject to limitations and restrictions such as precertification requirements and step therapy. Contact an Aetna concierge or see the online BENEFlex guide at *pcsb.org/beneflex-guide* for more information. Call Aetna's Concierge Customer Service at **866-253-0599** with questions.

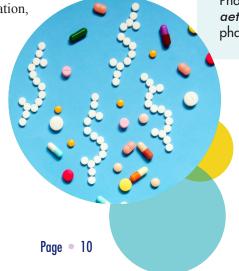
Step therapy requires you to try one or more alternative drug(s) before a step therapy drug is covered. The alternative drug(s) treat the same conditions, are equally effective, have U.S. Food and Drug Administration (FDA) approval, and may cost less. If you don't try the alternative drug(s) first, you may need to pay full cost for the brand-name version.

Precertification. Certain drugs require precertification, and you or your doctor will need to get approval from Aetna before your prescription will be covered. This is one way that Aetna helps you and your doctor find safe, appropriate drugs and keep costs down. Generally, precertification applies to:

- Ensure compliance with dosing guidelines
- Avoid duplicate therapies
- Help health care providers confirm the use of your medication is based on generally accepted medical criteria

Locate a Participating Pharmacy

You can use all major retail pharmacies as well as many independent pharmacies participating in the Aetna Pharmacy Management (APM) National Retail Pharmacy Network. Go to aetnapcsb.com to find a pharmacy.





Aetna Rx Home Delivery

Enjoy convenient home delivery when you use Aetna's Rx Home Delivery service. You pay two co-pays for a 90-day supply of generic, preferred brand, or non-preferred brand drugs only. You can re-order online, by phone or by mail. Here's how to get started:

Use your secure member account. When you register and log in to your account you can download forms, re-order and track your prescriptions.

Call Aetna Concierge Customer Service at 866-253-0599 and they will contact your doctor for you. It will speed up the process if you let your doctor know Aetna will be calling.

Mail your home delivery order form and prescription. Ask your doctor to write a prescription for a 90-day supply with three refills. Download the form after you log in to your secure Member Website. You can also download the form from Aetna's website. Select "Individuals" on the home page, then "Find a form" under "For members." Complete the form and send it with your 90-day prescription to the address listed on the form.

Aetna Specialty Pharmacy®

Your doctor may prescribe a specialty medication which may be injected, infused or taken by mouth. Normally these drugs are not available from a retail pharmacy. Aetna's team of experienced nurses and pharmacists helps you understand how to use your medicine. They can answer your questions, provide training on self-injectable drugs, and help you cope with your condition throughout your therapy.

You can order medications through Aetna Specialty Pharmacy by calling 866-253-0599 or having your doctor submit your prescription through their e-prescribe service or by fax. You'll need to send Aetna a completed patient profile form. Forms are available when you log in to your secure member website or on Aetna's website (Select "Individuals" on the home page, then "Find a form" under "For members.")

Compound Medications

A Compound Medication is the mixture of two or more ingredients, with at least one of the ingredients being a federal or state restricted drug, which is prepared for patients by a pharmacist. These medications are prepared at the pharmacy by the pharmacist, as opposed to manufactured medications that are prepared by a pharmaceutical company. Members can receive covered compound medications at any in-network retail pharmacy, provided the pharmacy agrees to Aetna's Maximum Negotiated Price for the compound medication.

Ask your doctor to submit your prescription.

- Online. Your doctor can submit your mail order prescriptions using his or her e-prescribing service.
- Fax. Your doctor can your prescription to 877-270-3317.
 Please note, only your doctor can fax a prescription. Ask your doctor to be sure the cover sheet includes your:
 - Member ID Number
 - Birthdate
 - Mailing address





Aetna Medical Plans, continued

When You Need a Doctor, Make a Smart Choice

While your regular doctor is your normal "go to" for care, sometimes your doctor isn't available or convenient—for example, at night and on weekends. When you are enrolled in a PCS medical plan, you have several options when it comes to getting care. See the Medical Plans Comparison Chart for cost details.

If you are not sure where to go, call Aetna's 24-hour Nurse Advice Line at 800-556-1555 for guidance. However, if it's a serious or life-threatening situation, call 911 or go immediately to a hospital emergency room (ER).

Teladoc®: \$25 Co-pay	Family Doctor	Urgent Care	ER
 Available 24/7/365, anywhere¹ Talk to a doctor in minutes Visit by phone or video Get a prescription² Never costs more than an office visit Cannot treat severe medical conditions 	 May not be available for days Long-term relationship Periodic checkups Treats more severe issues You must leave home or work and may sit in a waiting room with other sick people 	 Availability varies Treats minor illness or injury issues Higher cost of care Potentially long wait times You must leave home or work and may sit in a waiting room with other sick people 	 Available 24/7/365 Provides life-or-limb-saving care for emergency issues Highest cost of care Long wait times You must leave home or work and may sit in a waiting room with other sick people

Not available outside of the U.S.

Teladoc: \$25 Co-pay

Teladoc provides access 24 hours, 7 days a week to a U.S. board-certified doctor by phone, video, or mobile app visits. Set up your account today so when you need care now, a Teladoc doctor is just a call or click away.

Online	Go to www.Teladoc.com/Aetna and click "set up account."
Mobile app	Download the app and click "Activate account." Visit www.teladoc.com/mobile to download the app.
Call	855-Teladoc (835-2362) Teladoc can help you register your account over the phone.
Pay less	than a visit to an urgent care: \$25 co-payment for all three of the medical plans.



² If medically necessary



Healthcare Bluebook: Compare, Choose, Save

When you enroll in a PCS Aetna medical plan you and your enrolled dependents can access the Healthcare Bluebook. This free online and mobile resource makes it easy to shop for affordable high-quality health care—from diagnostics and imaging to outpatient surgery—at a fair price.

Go to pcsb.org/healthcarebluebook or download the free Healthcare Bluebook mobile app and start shopping for a Fair Price provider while you are with your doctor. Together, you and your doctor can decide which provider fits your medical care needs and your budget.

Go Green to Get Green

You can look up a Fair Price, compare provider prices, and find the best value in your area. Click the "Go Green to Get Green" banner and you'll earn from \$25 to \$200 in rewards (on select procedures) when you choose a Fair Price provider.

To be eligible for the reward, you must log in to Healthcare Bluebook and search for your procedure, test or service prior to visiting a Fair Price provider. For example, search for an imaging procedure prior to having an MRI or CT.

Start Saving Now

Healthcare Bluebook gives you and your enrolled dependents the power to choose a high-quality provider and/or facility for your health care and save some serious money.

- Log on to: pcsb.org/healthcarebluebook
- Company Code: PCSB
- Search for the procedure you are considering prior to visiting a Fair Price provider. Remember — if you do not search for the procedure prior to the date of service, you will not be eligible for the reward.
- Healthcare Bluebook will send checks to your home.

If you have any questions call 888-316-1824 or e-mail support@healthcarebluebook.com





Go Green to Get Green

You can earn a reward for selecting a Fair Price provider for select procedures.



Quality is Key

When it comes to inpatient medical procedures, quality is key. One study showed that patients at the worst hospitals are 13 times more likely to have complications.* With Healthcare Bluebook, you can see quality ratings on hundreds of procedures across thousands of hospitals nationwide. See how hospitals in your area rate before you schedule your procedure.

* PLOS One, 2016



BENEFLEX • CHOOSE YOUR BENEFITS

Aetna Medical Plans Comparison Chart

Please note: The dollar amounts are co-pays, deductibles, and maximums, which you pay; the percentages are coinsurance amounts, which you pay after you meet applicable deductibles. The amount the plan pays may be based on usual, reasonable, and customary (URC) fees for out-of-network services only.

Understanding How Much You Have to Pay

- Health Reimbursement Account (HRA) (CDHP only). Use your HRA to pay your deductible, coinsurance, and Rx co-pays, reducing your out-of-pocket costs. The amount deposited in your HRA is prorated based on your benefits effective date. See page 8. Note the IRS requires that 100% of disbursements made from your HRA be substantiated or verified.
- Medical Plan Deductible (Choice POS II and CDHP + HRA). The amount you pay for medical expenses before the plan begins paying benefits.
- Coinsurance (Choice POS II and CDHP + HRA). The percentage of eligible medical expenses you pay after paying the deductible for most services.
- Co-pays The fixed amount you pay for medical care and prescriptions.
- Aetna Prescription Drug Program (all plans). You pay co-pays for generic and preferred brand drugs. For non-preferred brand and specialty drugs, you pay the Rx deductible before you pay co-pays.

Aetna Concierge (Group #109718) Customer Service 866-253-0599	Select Open Access
Benefit	In-Network Only
Service Areas/Networks	Any provider in the Aetna Select Open Access national network
Health Reimbursement Account (HRA)—Individual/ Family HRA funds can only be used for medical plan and prescription drug expenses.	N/A
Deductibles —Individual/Family	N/A
Medical Out-of-Pocket Maximum —Includes medical deductible, coinsurance, and/or co-pays	\$4,500 Individual; \$9,000 Family
Rx Out-of-Pocket Maximum — Includes Rx co-pays and deductible	\$1,750 Individual; \$3,500 Family
Lifetime Maximum	Unlimited
Physician Office Visits	You Pay:
Primary Care Physician (PCP)	\$25 co-pay
Specialist (SPC)	\$50 co-pay
Teladoc	\$25 co-pay
Preventive Adult Physical Exams	No co-pay
Preventive GYN Care (including Pap test) (direct access to participating providers)	No co-pay
Mammography Preventive Screening	No co-pay
Immunizations	No co-pay
Allergy Injections	Co-pay waived for allergy injections billed separately
Allergy Tests Lab X-Ray Outpatient Advanced Outpatient Radiology Services (MRI, CAT scan, PET scan, etc.)	\$50 co-pay \$25 co-pay \$50 co-pay \$250 co-pay
Colonoscopy Screenings—Preventive and Diagnostic	No co-pay
Chiropractic Services (limits apply) (direct access to participating providers)	\$50 co-pay 20 visits per calendar year
Hearing Exam	\$25 co-pay
<u> </u>	1 /

This chart provides a brief outline of the medical coverage options available to you through Aetna. Complete details are in the official plan documents. In any conflict between the plan documents and this basic comparison chart, the plan documents will control.

ENROLL WITHIN 31 DAYS OF YOUR HIRE DATE!



Choice POS II			CDHP + HRA
In-Network	Out-of-Network ¹		In-Network Only
Any provider in the Choice POS II Network (national network)	Choice POS II Network		Any provider in the Aetna Select Open Access national network
N/A N/A			\$500 Individual; \$1,000 Family (No maximum rollover amount) HRA contributions are prorated based on your date of hire.
\$1,00	ndividual; O Family nd out-of-network)		\$1,500 Individual; \$3,000 Family
\$4,500 Ind \$9,000 (combined in- and	Family		\$4,500 Individual; \$9,000 Family
\$1,750 Ind \$3,500 (combined in- and	Family		\$1,750 Individual; \$3,500 Family
Unlim	ited		Unlimited
You Pay:	You Pay:		You Pay:
20% after deductible	40% after deductible		20% after deductible
20% after deductible	40% after deductible		20% after deductible
\$25 co-pay	N/A		\$25 co-pay
0%	40% after deductible		0% no deductible
0%	40% after deductible		0% no deductible
0%	40% after deductible		0% no deductible
0%	40% after deductible		0% no deductible
20% after deductible; allergy injections billed separately	40% after deductible; injections billed separately		20% after deductible
20% after deductible 20% after deductible 40% after deductible			20% after deductible 20% after deductible 20% after deductible 20% after deductible
0%	40% after deductible		0% no deductible
20% after deductible	40% after deductible		20% after deductible
20 visits per calendo in- or out-of			20 visits per calendar year
20% after deductible	40% after deductible		20% after deductible

¹ Usual, customary, reasonable (UCR) fees. Out-of-network charges that exceed UCR fees may be billed to the member.

Continued on next page

BENEFIEX • CHOOSE YOUR BENEFITS

Aetna Medical Plans Comparison Chart

Please note: The dollar amounts are co-pays, deductibles, and maximums, which you pay; the percentages are coinsurance amounts, which you pay after you meet applicable deductibles. The amount the plan pays may be based on usual, reasonable, and customary (URC) fees for out-of-network services only.

Rx Deductible May Apply

For non-preferred brand and specialty drugs, you must pay the \$250 per person or \$500 per family Rx deductible before you begin paying co-pays.

Diabetes CARE | · · · · · >

See the online BENEFlex Guide for details about the Diabetes CARE Program and free diabetic testing supplies.

This chart provides a brief outline of the medical coverage options available to you through Aetna. Complete details are in the official plan documents. In any conflict between the plan documents and this basic comparison chart, the plan documents will control.

parison Chart		
Aetna Concierge (Group #109718) Customer Service 866-253-0599	Select Open Access	
Benefit	In-Network Only	
Hospital Inpatient (Includes maternity and newborn services)	\$500 co-pay per day; up to 5-day maximum	
Outpatient Surgery (including facility charges)	\$500 co-pay	
Emergency Room Services	\$500 co-pay	
Ambulance	No co-pay	
Urgent Care Facility	\$50 co-pay	
Maternity Care/OB Visits	\$50 co-pay for initial visit only	
Mental Health Services Outpatient Mental Health Services	\$25 co-pay	
Inpatient Mental Health Services	\$500 co-pay per day; up to 5-day maximum	
Miscellaneous Home Health Care (limits apply)	No co-pay	
Hospice—Inpatient (limits apply)	\$500 co-pay per day; up to 5-day maximum ²	
Skilled Nursing Facility (limits apply)	\$500 co-pay per day; up to 5-day maximum ²	
Short-Term Rehabilitation/Outpatient Therapy (speech, physical, occupational)	\$25 co-pay per visit 60-visit limit per calendar year for all therapies combined	
Diabetic Supplies (syringes, test strips)	See prescription drugs below	
Durable Medical Equipment (DME)	\$50 co-pay	
Aetna Prescription Drug Program Some drugs may be subject to step-therapy or precertification Up to 30-day supply Generic Preferred Brand Non-Preferred Brand Specialty	Mandatory Generics Unless Dispensed As Written \$20 co-pay; no Rx deductible \$50 co-pay; after Rx deductible \$120 co-pay; after Rx deductible	
90-day Supply (maintenance medications) at retail or mail order (mail order must be through Aetna Rx Home Delivery service)	Mandatory Generics Unless Dispensed As Written	
Generic Preferred Brand Non-Preferred Brand	\$40 co-pay; no Rx deductible \$100 co-pay; no Rx deductible \$180 co-pay; after Rx deductible	

¹ Subject to usual, customary, reasonable (UCR) fees ² Waived if transferred from hospital



Choice POS II		CDHP + HRA	
In-	Network	Out-of-Network ¹	In-Network Only
\$500 co	o-pay per day; -day maximum	40% after deductible	20% after deductible
20% a	fter deductible	40% after deductible	20% after deductible
20% a	fter deductible	20% after deductible	20% after deductible
20% a	fter deductible	20% after deductible	20% after deductible
20% a	fter deductible	40% after deductible	20% after deductible
20% a	fter deductible	40% after deductible	20% after deductible
\$500 c after de	fter deductible co-pay per day ductible; up to	40% after deductible 40% after deductible	20% after deductible 20% after deductible
	y maximum fter deductible	40% after deductible	20% after deductible; 120-visit limit per calendar year
after de	co-pay per day eductible; up to y maximum²	40% after deductible; 30-day lifetime maximum	20% after deductible
\$500 c after de	o-pay per day ductible; up to	40% after deductible	20% after deductible 120-visit limit per calendar year
120-visit limit per calendar year			
	fter deductible 60-visit limit per ca therapies o	40% after deductible lendar year for all combined	20% after deductible 60-visit limit per calendar year for all therapies combined
See dru	prescription ugs below	See prescription drugs below	See prescription drugs below
20% al	fter deductible	40% after deductible	20% after deductible
	Mandatory Ge Dispense A		Mandatory Generics Unless Dispense As Written
\$50 co-pay	y; no Rx deductible y; no Rx deductible ; after Rx deductible y; after Rx deductible	NOT COVERED	\$20 co-pay; no Rx deductible \$50 co-pay; no Rx deductible \$90 co-pay; after Rx deductible \$120 co-pay; after Rx deductible
	Mandatory Generics Unless Dispense As Written		Mandatory Generics Unless Dispense As Written
\$100 со-ра	y; no Rx deductible ay; no Rx deductible y; after Rx deductible	NOT COVERED	\$40 co-pay; no Rx deductible \$100 co-pay; no Rx deductible \$180 co-pay; after Rx deductible

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MetLife Hospital Indemnity Plan (HIP)

Hospital stays can be costly and are often unexpected. Even the best medical plans may leave you with extra expenses to pay out of your pocket like deductibles, coinsurance, and co-pays. The MetLife Hospital Indemnity Plan (HIP) pays a cash benefit when you or a covered dependent is hospitalized due to an accident or illness.

Benefits	Benefit Amount
Hospital Admission Benefit	\$500
Hospital Confinement Benefit	\$250 per day, up to 30 days
Inpatient Rehabilitation Benefit	\$100 per day, up to 15 days per covered person, per accident but not to exceed 30 days per calendar year

Pre-existing conditions limitations apply during the first 12 months for each person covered under the plan. Benefits will not be payable for pre-existing conditions for which, in 12 months before an insured becomes covered they received medical advice, treatment, or care from a physician; or the covered person had symptoms, or any medical or physical conditions that would cause an ordinarily prudent person to seek diagnosis, care, or treatment. If you are concerned about a pre-existing condition, please call MetLife to understand how this may or may not affect you.

Benefits reduced 25% for ages 65 to 69. Benefits reduced 50% for age 70+.

Please see plan certificate for inpatient hospital exclusions at pcsb.org/risk-benefits, "MetLife Voluntary Plans" link.

Income Tax Considerations for HIP and SunLife Disability

When you enroll in the SunLife Disability and/or the MetLife Hospital Indemnity Plan your payroll deductions are automatically deducted on a pre-tax basis, along with all your other benefit deductions (except Optional Life Insurance). This means that any disability benefit or HIP payments you receive will be subject to federal income taxes. To avoid paying taxes on these payments, you can elect to have your premiums deducted on an after-tax basis. If requested, your payroll deductions for all benefits will be taken on an after-tax basis. Your request must be in writing. For more information contact the Benefits Team at 727-588-6197.



Humana Advantage and MetLife Dental Plans

Smile! You and your family can choose the dental plan that best meets your needs, either the Humana Advantage Dental Plan or the MetLife Preferred Dentist Program.

Which Dental Plan Is Right for Me?

Here are some key differences between each plan. Please review the online BENEFlex Guide, a schedule of benefits, co-pays, and exclusions for each plan. Visit *pcsb.org/new-hire* or the carrier sites listed below for more information.

	Advantage Plan (#548085) Humana	Preferred Dentist Program (PDP Plus) MetLife	
	State of Florida Service Area In-network Only. You must choose a primary dentist and use participating network providers.	In or Out-of-network. Save the most when you choose a participating network provider.	
Primary Care Dentist and Specialist Referrals	Not required	Not required	
Deductible	None	\$50/individual; \$150/family (Applies to Type B and C Services)	
Calendar Year Maximum	None	\$1,250 per person	
Preventive Services	No charge	No charge, no deductible (Type A)	
Basic Services	Scheduled co-pays	20% coinsurance after deductible (Type B)	
Major Services	Scheduled co-pays	50% coinsurance after deductible (Type C)	
Orthodontia	Scheduled co-pays (Adult and Child)	50% (up to age 19)	
Lifetime Orthodontia Limit	N/A	\$1,000/individual	

O Locate a Humana Advantage Plan (AVF-1) Provider

To receive benefits under this plan you must stay in-network and select a primary dentist who will coordinate your dental care and refer you to specialists. You do not need to list your primary dentist on the enrollment and change form. Follow these steps to find an in-network provider.

- 1. Go to www.humana.com
- 2. Click on "Member Resources"
- 3. Scroll to: "find a doctor"
- 4. Search type: Dental, then click → Go
- 5. Coverage type: check "all dental networks"
- 6. Enter your zip code or the zip code for the provider
- Choose "Humana Dental Advantage Plus" from the Network drop down menu

- 8. To search
 - a. by name, choose "Name" from the drop down menu and type your dentist's name in the box
 - b. for a provider listing, choose "Specialty" from the drop down menu and type "All" in the box (The list may be viewed or exported to a pdf file)

ID Cards. You should receive an ID card in approximately two weeks before your coverage starts. Provide the information on your ID card to your dental office.

O Locate a MetLife Preferred Dental Provider (PDP) #G95682

While you have the option of using out-of-network providers (you receive the same percentages for in- and out-of-network services), the amount you pay if you go out-of-network could vary greatly. An in-network provider charges the negotiated PDP fee, which is lower than the dentist's actual charges. An out-of-network provider can charge you the negotiated fee plus the difference between the in-network PDP fee and his or her service charge. Here's how to find an in-network provider.

- Go to metlife.com.
- **Select** Dentist in the "I want to find a MetLife:" box on the home page. Enter your zip or city, state and under "Select Your Network" choose PDP Plus.

No MetLife ID Cards

MetLife does not issue ID cards. The Group Number is G95682. For more information call MetLife Dental customer service at 800-942-0854 or go to metlife.com/dental.



EyeMed Vision Plan

PCS offers quality vision care for you and your family through EyeMed Vision. As a benefits-eligible employee, you can enroll in free employee-only vision coverage. You may enroll your dependents in the vision plan for an additional cost.

Here is a quick overview of the plan's in-network benefits. You can find more information in the online BENEFlex Guide or at *eyemed.com*.

When You Use Participating In-Network Providers

Basic Benefits	Frequency
Vision Exam	Once per calendar year
Lenses or Contact Lenses	Once per calendar year
Frames	Every other calendar year
Benefit	In-Network Provider
Exam with Dilation As necessary	\$10 co-pay
Eyeglass Lenses Single vision Bifocal Trifocal Standard Progressive	\$15 co-pay \$15 co-pay \$15 co-pay \$50 co-pay
Frames	\$110 allowance (You receive 20% off the balance over \$110)
Contact Lenses Conventional	\$110 allowance (You receive 15% off the balance over \$110)
Disposable Medically Necessary	\$110 allowance (You pay full amount over \$110) Paid in full

O Locate an EyeMed Vision Provider

While the plan provides reimbursements when you use an out-of-network provider, you pay less when you use an in-network provider.

- **Go to:** *eyemed.com.* Select "Find a Provider" in the top right bar on the home page.
- Enter your zip code and select "Advantage" under "Choose Network."

Contact Lenses Allowance

If you prefer contact lenses instead of eyeglasses, a contact lens allowance is provided instead of (not in addition to) your eyeglass lens benefit. In addition to your \$10 co-pay for your comprehensive eye exam, you are responsible for the contact lens fitting fees up to \$40. If your contact lens fitting is more extensive, you will receive a 10% discount on the cost of a premium fitting.

About EyeMed Providers

EyeMed providers are independent eye care professionals contracted with EyeMed to provide services at negotiated rates. The EyeMed plan emphasizes high-quality routine eye care from a network of independent eye care professionals. Retail store providers include LensCrafters[©], America's Best[®], Sears Optical[™], Target Optical[®], JCPenney[®] Optical, and most Pearle Vision locations. Please check the provider directory available on the EyeMed Vision Care website before making your appointment.





Flexible Spending Accounts (FSAs)

When you enroll in a Healthcare FSA and/or a Dependent Care Flexible Spending (FSA), you can pay for eligible expenses with tax-free dollars. Your contributions reduce your federal income and Social Security taxes. You must be actively at work to enroll in FSAs.

Keep It Simple with the Aetna PayFlex Mobile® App

Manage your account and view alerts. Snap a photo of your receipts to submit claims. View common eligible expense items, and more.

Account	Used For Contributions		
◆ Healthcare FSA Most medical, dental, and vision care expenses not covered by your health		Minimum: \$10 per pay Maximum: \$2,500 per year	
	expenses not covered by your health care plan(s), including deductibles, coinsurance, co-pays, etc. ¹	Not enrolled in Medical? You can deposit up to \$25 per pay of your unused Board Contribution credit	
Dependent Care FSA	Dependent care expenses for day care, after-school programs, or elder care programs so you and your spouse can work or go to school full-time. ² (This account is not for health care expenses.)	Minimum: \$10 per pay Maximum: \$5,000 or \$2,500 if you are married and file taxes separately ²	

¹ Many over-the-counter drugs and medical care items are not eligible expenses without a doctor's prescription.

Healthcare Flexible Spending Account

- Your full annual contribution is available on your effective date.
- Eligible expenses must be incurred in the plan (calendar) year or through the end of the month in which you terminate employment. Any amount remaining in your account after eligible claims have been processed will be forfeited. You must "use it or lose it" by the end of the plan year.
- You have 90 days after the end of the plan year (March 31) or 90 days after termination to submit receipts for reimbursement of services.

- Use your PayFlex Card® to pay for eligible medical, dental, and vision expenses including prescription drug co-pays (see the online BENEFlex Guide).
- Keep your receipts. You may be required to submit them to confirm the eligibility of your debit card purchases. If you do not provide receipts when requested, your debit card will be inactivated and future claims will be suspended.

Dependent Care Flexible Spending Account

- Your contributions for child care are available for reimbursement after they are deposited into your account each pay period.
- Eligible expenses must be incurred in the plan (calendar) year. Any amount remaining in your account after all eligible claims have been processed will be forfeited.

Coordinated FSA Claims Administration through Aetna PayFlex

PayFlex is the administrator of our flexible spending accounts. You can contact Aetna's PayFlex at 888-678-8242 Monday-Friday, 8:00 a.m.–8:00 p.m. and Saturday, 10:00 a.m.–3:00 p.m. or review your claims status online at payflex.com.

² If you are married and file separate tax returns, you and your spouse may each contribute up to \$2,500. You and your spouse must both be working to participate in this account, unless your spouse is a full-time student, totally disabled, or looking for work on a full-time basis.



The Standard Life Insurance

You can protect your family in the event of a death with life insurance.

Board Paid Basic Life Insurance. You receive one times your annual base salary rounded up to the next \$1,000, with a coverage minimum of \$15,000. Coverage amounts in excess of \$50,000 are subject to taxation under Section 79 of the Internal Revenue Code.

Optional Term Life Insurance. You can elect coverage for you, your spouse and/or eligible children.

Rates: The cost of optional term life insurance is based upon the coverage amount you select and your age at the time of enrolling. The rates are subject to change as you and/or your spouse age. See page 26 for rates.

Employee

- \$10,000 minimum, up to \$200,000 in \$10,000 increments, or
- \$250,000 up to \$500,000 maximum in \$50,000 increments
- As a new employee, you can elect up to the guaranteed issue amount of \$100,000 without underwriting approval, provided you enroll within 31 days of your hire date. If you enroll at a later date, your coverage will be subject to medical underwriting and approval by The Standard.

Family

Spouse and Eligible Children: \$5,000/dependent

Spouse Only

\$10,000 increments up to the \$100,000
maximum. The total amount of spouse coverage
cannot exceed the employee's total life insurance
coverage (basic plus any optional employee life)

Child(ren) Only

\$2,000 increments up to the \$10,000 maximum

◆ The Standard Accidental Death and Dismemberment (AD&D) Insurance

AD&D benefits can help you and your family deal with the financial impact from an accidental death or injury.

Board Paid AD&D Insurance. You receive \$2,000 of AD&D coverage at no cost.

Optional AD&D Insurance. You can elect coverage for yourself and your family.

Rates: The cost of optional term AD&D insurance is based upon the coverage amount you select. See page 27 for rates.

• \$50,000, \$100,000, \$200,000 or \$300,000
• 50,000, \$100,000, \$200,000 or \$300,000
 50% of employee coverage
 15% of employee's coverage
 40% and 10%, respectively of employee's coverage

Is your spouse also a PCS employee, or a PCS retiree?

For Life and AD&D insurance:

- He/she cannot be covered as a dependent.
- Only one of you can cover your dependent children.







◆ Sun Life Financial Disability Insurance

What would you do if illness or injury kept you out of work for a long time without pay? Disability insurance provides replacement income to help pay your bills. PCS offers both short- and long-term disability insurance.

Short-term Disability Plan (STD Base Plan)

Covers	Employee
Coverage	Provides benefits for up to two years for disability due to illness, or up to five years for disability due to injury
Cost	See rate schedule, page 27

Long-term Disability (LTD)

Covers	Employee
Coverage	Provides benefits for disabilities that extend beyond the Base Plan
Cost	See rate schedule, page 27

- You must be enrolled in the Short-term (Base) Plan to enroll in the Long-term (LTD) Plan. Evidence of Insurability satisfactory to Sun Life Financial is required for all late entrants.
- Evidence of Insurability is waived for new benefit-eligible employees who apply within 31 days of coverage. Your LTD election cannot exceed your STD coverage.

Voluntary Benefits

You can round out your benefits package with these voluntary plans.

MetLife Plans

- MetLife Auto and Home Insurance* (you can enroll anytime during the year)
- MetLife My Pet Protection (you can enroll anytime during the year)
- MetLaw® Group Legal Services Plan offered by Hyatt Legal Plans (a MetLife company). You can enroll in this plan when you are a new hire or during the annual enrollment period each year. For more information about MetLaw, go to https://info.legalplans.com, access code PCS.
- For more information about the MetLife plans and to enroll in these voluntary plans, call 800-GETMET8 (800-438-6388) or visit *metlife.com/mybenefits*.

Horace Mann Auto Payroll Deduction Plan

- You can enroll in this plan anytime during the year.*
- For information about Horace Mann, call 813-600-3268 or 727-576-5555.
- * Subject to underwriting approval. Some areas in Florida may not be eligible for Home Insurance through MetLife or Horace Mann.

Important Information About Disability Benefits

Taxation and Integration

Benefits received under the disability plans may be subject to federal income tax and will be integrated with Workers' Compensation.

Preexisting Condition Exclusion

Benefits will not be paid at any time for a period of disability occurring in the first 12 months that your insurance or an increased benefit amount is in effect, if that disability was caused or contributed by an accidental injury or sickness, including pregnancy, for which you did any of the following in the six months before your insurance became effective:

- Received medical treatment
- Took prescribed drugs
- Consulted a doctor

Disability Benefits During Pregnancy

The plan provides coverage for a disability period up to six weeks postpartum for an uncomplicated pregnancy, and up to eight weeks postpartum for a cesarean delivery, providing that certification of disability is submitted by the attending physician. Benefits are subject to a waiting/elimination period. A pregnancy that began prior to the effective date of the plan will not be covered.



Health Advocate Employee Assistance Program (EAP)

All of us have experienced some type of personal problem, concern, or emotional crisis at one time or another. The Employee Assistance Program (EAP) is offered to all PCS employees and their families. Here are the highlights:

- Contact a qualified representative for confidential assistance with a variety of personal issues, including stress, depression, parenting, marital or family problems, child/elder care, legal, or financial issues (see the online BENEFlex Guide).
- Receive up to eight in-person or virtual visits per member per incident per year at no charge.
- Health Advocacy services can help you schedule appointments, arrange treatments, get approvals for covered services, help you resolve billing and claim issues, and more.
- Coverage is provided for you and your eligible family members.
- Call Health Advocate at 877-240-6863 or visit pcsb.org/EAP for help and information



Wellness programs change lives—that's why Pinellas County Schools sponsors the Be SMART Wellness Program. Be SMART has something for everyone, regardless of age, health status, and lifestyle. We've provided a list of many of the programs offered through Be SMART here. Be sure to go to *pcsb.org/wellness* for details or read the online BENEFlex Guide at *pcsb.org/beneflex-guide*. You can also call the onsite wellness representative at 727-588-6031.

- Onsite Wellness Programs / Wellness
- Employee Assistance Program
- Corporate Fitness and Weight Loss Discounts
- Financial Wellness
- YMCA Pre-Diabetic Program
- Quit Tobacco Resources
- Free Diabetic Supplies

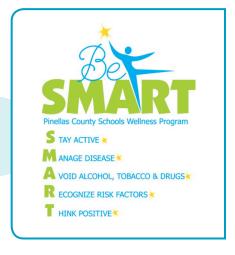
Aetna Health Promise

Aetna Health Promise provides employees with the opportunity to improve and maintain good health with these resources:

Secure Member	Online Health	Online Health
Website	Assessment	Coaching Programs
24-hour Nurse Line	Beginning Right	CVS Neighborhood
(Informed Health® Line)	Maternity Program	Wellbeing Counseling
Member Discounts Metabolic Syndr Screenings		Metabolic Health in Small Bytes
Metabolic Health	Get Active sM	\$50 Gift Card
Advisor	Fitness Challenge	Incentive



Diabetics who are enrolled in this program and are up-to-date on the Diabetes CARE checklist receive waived co-pays on supplies. This program is available to you and your dependents enrolled in a PCS-sponsored Aetna medical plan.



Wellness Incentives

IRS rules state that certain incentives, such as gift cards, given to employees through an employee wellness program are taxable. All cash and cash equivalent (example: gift cards) incentives, regardless of value, will be reported to payroll and included in the employee's income and is subject to payroll taxes.



Retirement Benefits

Florida Retirement System (FRS)

Pinellas County Schools is a Florida Retirement System employer and contributes towards your retirement. You will contribute 3% of your pay to the plan you choose.

- As a new employee, you must elect one of two retirement plans (Pension or Investment Plan) within your first eight months.
- If you do not make an election by your deadline (4:00 p.m. ET on the last business day of the 8th month following your month of hire), you will default into the Investment Plan, which may or may not be the best choice for you.
- Go to *ChooseMyFRSplan.com* and answer a few questions to see which plan may make the most sense for you.
- You can link to the online enrollment form to make your selection at any time while you are on the site.
- After you receive your new hire kit and PIN, you can log in and use the Choice Service to see personalized benefit scenarios to help you choose a plan.
- As a member of the FRS, you can receive free unbiased financial guidance through the MyFRS Financial Guidance Program.
- You can get help choosing an FRS retirement plan as well as a voluntary plan. For more information, call 866-446-9377, Option 2 (TDD: 888-429-2160), or visit *MyFRS.com*.

Voluntary Retirement Programs

You can also contribute to a voluntary retirement program and save pre-tax earnings through easy payroll deductions.

- **Pre-tax plans:** 403(b) or 457(b).
- After-tax plan: Roth 403(b).
- Make deposits via easy payroll deductions.
- Choose from a variety of investment programs.
- Enroll, change, or cancel your salary deduction anytime during the calendar year.

Go to *pcsb.org/voluntaryretirement* for a list of providers and enrollment instructions.



Welcome to ChooseMyFRSplan.com

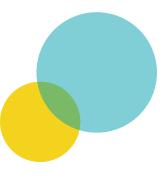
Choosing between two retirement plans, the FRS Investment Plan and the FRS Pension Plan, is a very important decision that can impact your financial security. Visit ChooseMyFRSplan.com today to watch an interactive video that can help you choose a plan.

The Choice Service Helps You Choose an FRS Plan

The Choice Service helps new employees make their initial retirement plan election. It also helps current employees decide whether to use their 2nd Election to change from their current FRS retirement plan to the other. To support these decisions, the Choice Service lets you compare benefit estimates from both plans. These estimates are customized, based on the members' assumptions for salary growth and age at retirement.

Advisor Service Simplifies Retirement Planning

The Advisor Service provides you with personalized, professional advice on how to allocate investments in your Investment Plan account and most other non-FRS retirement accounts. Pension and Investment Plan members can use the service to estimate their retirement benefit and compare scenarios to help them make decisions about their future. To learn more about the Advisor Service, visit the Advisor Service page on MyFRS.com.



Rates Subject to Union Ratification and Board Approval

◆ DIAMOND = Eligible for Board Contribution

Payroll Deduction Rate Chart

If you do not enroll in a PCS-sponsored medical plan, you are eligible to use up to a \$75 per-pay-period Board credit toward the purchase of eligible supplemental benefits. Eligible benefits are marked on the rate sheets and Enrollment & Change form with a diamond (\spadesuit). Enrollment in these supplemental benefits is not automatic. You must complete an Enrollment & Change form and elect them. If you do not elect these supplemental benefit, you forfeit the \$75 per-pay-period credit.

Aetna Medical Plans			
	Select	Choice	CDHP +
Coverage Level	Open Access	POS II	HRA
Employee	\$79.00	\$88.00	\$60.00
Employee + Spouse	\$214.00	\$234.00	\$174.00
Employee + Child(ren)	\$197.00	\$217.00	\$157.00
Employee + Family	\$283.00	\$322.00	\$228.00
Two Board Family*	\$193.00	\$232.00	\$138.00

Payroll deduction per-pay-period (20 pays) AFTER the Board Contribution has been applied.

^{*} To be eligible for Two Board Family, three or more individuals must be covered under the plan and your legal spouse must be a benefits-eligible employee of the School Board.

◆ Humana or MetLife Dental Plans			◆ EyeMed Vision Plan	
Coverage Level	Humana Advantage Dental Coverage	MetLife® PDP Dental Coverage	Coverage Level	EyeMed Vision Coverage
Employee	\$7.02	\$12.46	Employee	No Charge
Employee + 1	13.02	23.06	Employee + 1	\$2.83
Employee + Family	19.03	33.28	Employee + Family	5.92
Two Board Family**	17.03	31.28	Two Board Family	5.92

Payroll deduction per pay period (20 pays) AFTER the Board Contribution has been applied.

Standard Insurance Company Life Insurance Plans***

Basic Employee Term Life Insurance⁰

One times base annual earnings rounded up to next \$1,000 is provided for all eligible PCS employees at no cost to you.

> Minimum: \$15,000 Maximum: \$200,000

•					
Optional	Employ	yee and	Depende	nt Term	Life

Employee ²	°& Spouse [©]		
Age (as of effective date of coverage)	Rates (per \$10,000)		
under 30	\$ 0.34		
30–34	0.48		
35–39	0.54		
40–44	0.60		
45–49	0.90		
50–54	1.38		
55–59	2.58		
60–64	3.96		
65–69	7.62		
70+	12.36		

*** Keep in mind that the amount of coverage you elect will be reduced at certain ages. The \$12.36 contribution shown for age 70 and above actually buys coverage of \$6,500 at ages 70–74, \$4,500 at ages 75–79, and \$3,000 at age 80 and above.

Children[®] Family[®]

Rates	Formerly "Dependent Life"
(per \$2,000)	Rates (per family unit)
\$0.24	\$0.90

- This coverage is "guarantee issue" and no evidence of good health is required.
- Optional Employee Term Life: \$10,000 minimum, up to \$200,000 in \$10,000 increments or \$250,000, up to \$500,000 maximum in \$50,000 increments; "guarantee issue" (new hire only) to \$100,000 or your current coverage amount; for additional amounts, you must provide evidence of good health; subject to reduction schedules at age 70.
- Optional Dependent Term Life for Spouse: \$10,000 increments to \$100,000; evidence of good health is required; coverage terminates at age 70.
- Optional Dependent Term Life for Child(ren): \$2,000 increments to \$10,000; one premium covers all eligible child(ren).
- Optional Family Term Life: One premium covers spouse and eligible child(ren).

^{**} To be eligible for Two Board Family, three or more individuals must be covered under the plan and your legal spouse must be a benefits-eligible employee of the School Board.

ENROLL WITHIN 31 DAYS OF YOUR HIRE DATE!

◆ DIAMOND = Eligible for Board Contribution



◆ Standard Insurance Company Optional Accidental Death & Dismemberment Insurance

Basic Employee Accidental Death & Dismemberment Insurance is provided for all eligible PCS employees at no cost to you. Coverage Amount: \$2,000

Benefit Amount	Employee Only	Employee + Family	Benefit Amount	Employee Only	Employee + Family
\$50,000	\$0.60	\$1.05	\$200,000	\$2.40	\$4.20
\$100,000	\$1.20	\$2.10	\$300,000	\$3.60	\$6.30

◆ Sun Life Financial Income Protection Short-term Disability Plan (STD) (Base Plan)

An eligible employee may select one of the benefit levels outlined below, provided the Monthly Disability Benefit does not exceed $66^2/3\%$ of the person's regular monthly base salary.

If Your Annual Base	Monthly Disability	20 deduction Benefits begin af	ons per ter the V	year when Accide VAITING/ELIM I	ent and	Sickness ON PERIOD:
Salary Is at Least	Benefit	15-Day Plan		30-Day Plan		60-Day Plan
\$ 7,200	\$ 400	\$ 6.44		\$ 5.20		\$ 4.03
10,800	600	9.66		7.79		6.03
14,400	800	12.88		10.39		8.05
18,000	1,000	16.09		12.99		10.06
21,600	1,200	19.31		15.59		12.07
25,200	1,400	22.53		18.18		14.09
28,800	1,600	25.75		20.79		16.09
32,400	1,800	28.98		23.38		18.11
37,800	2,100	33.80		27.28		21.13
43,200	2,400	38.64		31.18		24.15
48,600	2,700	43.46		35.07		27.16
54,000	3,000	48.29		38.97		30.18
63,000	3,500	56.34		45.47		35.22
72,000	4,000	64.39		51.97		40.24
81,000	4,500	72.44		58.45		45.28
90,000	5,000	80.48		64.95		50.30

Pre-existing conditions, including pregnancy, apply during the first year of new or increased coverage. See the online BENEFlex Guide for full details.

◆ Sun Life Financial Long-term Disability Plan (LTD)

If Your Annual Base Salary Is at Least Accident and Sickness Monthly Disability Benefit 20 Deductions Per Year \$ 7,200 \$ 400 \$2.03 \$37,800 \$2,100 \$10.63 10,800 600 3.04 43,200 2,400 12.15 14,400 800 4.05 48,600 2,700 13.68 18,000 1,000 5.06 54,000 3,000 15.20 21,600 1,200 6.08 63,000 3,500 17.73				•	You must e	nroll in STD in order t	o enroll in ITD
10,800 600 3.04 43,200 2,400 12.15 14,400 800 4.05 48,600 2,700 13.68 18,000 1,000 5.06 54,000 3,000 15.20 21,600 1,200 6.08 63,000 3,500 17.73	Base Salary Is	Sickness Monthly	Deductions		If Your Annual Base Salary Is	Accident and Sickness Monthly	20 Deductions
14,400 800 4.05 48,600 2,700 13.68 18,000 1,000 5.06 54,000 3,000 15.20 21,600 1,200 6.08 63,000 3,500 17.73	\$ 7,200	\$ 400	\$2.03		\$37,800	\$2,100	\$10.63
18,000 1,000 5.06 54,000 3,000 15.20 21,600 1,200 6.08 63,000 3,500 17.73	10,800	600	3.04		43,200	2,400	12.15
21,600 1,200 6.08 63,000 3,500 17.73	14,400	800	4.05		48,600	2,700	13.68
	18,000	1,000	5.06		54,000	3,000	15.20
	21,600	1,200	6.08		63,000	3,500	17.73
25,200 1,400 7.09 72,000 4,000 20.26	25,200	1,400	7.09		72,000	4,000	20.26
28,800 1,600 8.10 81,000 4,500 22.79	28,800	1,600	8.10		81,000	4,500	22.79
32,400 1,800 9.11 90,000 5,000 25.32	32,400	1,800	9.11		90,000	5,000	25.32

◆ MetLife Hospital Indemnity Pla	MetLaw			
Coverage Level	Hospital Indemnity Plan (HIP)	Call MetLife (800-438-6388) to Enroll		
Employee Only	\$8.00			
Employee + Spouse	\$13.00	\$11.85 (no coverage level		
Employee + Children up to age 26	\$17.00	selection required)		
Employee + Family	\$21.00	' '		

Pre-existing conditions apply to Sun Life disability plans, HIP, and MetLaw. See the online BENEFlex Guide for full details.

Federal and Legal Notices

COBRA

The Consolidated Omnibus Budget Reconciliation Act of 1986 (COBRA) requires employers who sponsor group health plans to offer employees and their families the opportunity to purchase medical, vision, or dental coverage at group rates. This section is to notify you of your rights and obligations to continue coverage under this law. We urge both you and your spouse to read this notice carefully.

This federal law provides qualified beneficiaries the same health benefits as active employees, including the right to participate in Annual Enrollment and continue participation in the Healthcare FSA.

School Board employees whose medical, vision, or dental coverage ends due to reduction in work hours or termination of employment for reasons other than gross misconduct have the right to continue the above-mentioned coverage.

Spouses of covered employees who are on the employee's policy(ies) have the right to continue coverage for any of these reasons:

- Death of your spouse who was a covered School Board employee,
- Termination of your spouse's employment for reasons other than gross misconduct,
- Reduction in your spouse's work hours,
- Divorce or legal separation* from your spouse, and
- Your spouse becomes eligible for Medicare.

Dependent children of covered employees who are on the employee's policies may continue coverage for any of these reasons:

- Death of a parent who was a covered School Board employee,
- Termination of parent's employment for reasons other than gross misconduct,
- Reduction in parent's work hours,
- Parent becomes eligible for Medicare, and loss of child's dependent status (e.g., age limitation).

Review Carefully

Please review the following sections carefully. They contain important information about your rights and responsibilities as a Pinellas County Schools employee.

- COBRA
- HIPAA
- Family Medical and Leave of Absence
- Workers' Compensation

When Can COBRA Coverage Be Elected (Change in Status Event)	Who Can Elect COBRA Coverage? (Qualified Beneficiaries)	How Long Can Coverage Be Elected? Continued?	
Termination of employment of covered employee (other than for gross misconduct) or reduction in work hours of covered employee	Employee, spouse, and dependent children	18 months	
Death of covered employee	Spouse and dependent children	36 months	
Divorce or legal separation*	Spouse and dependent children	36 months	
Covered employee becomes eligible for Medicare	Spouse and dependent children	36 months	
Loss of child's dependent status	Dependent child	36 months	
Qualifying disability	Employee	29 months	

^{*} Only divorce is recognized by the state of Florida, not legal separation.



How to Obtain Continued Coverage

You or your family are responsible for notifying the Risk Management and Insurance Department of a divorce or a child losing dependent status (or other change in status event) within 60 days of the qualifying event. The Personnel Department is responsible for notifying the Risk Management and Insurance Department in the case of death, termination of employment, or reduction in work hours.

When Risk Management and Insurance is notified that a qualifying event has occurred, Risk Management and Insurance will notify you of your right to continue group insurance coverage. You have 60 days from the notice to submit an enrollment form for continued coverage. Payment and coverage will be retroactive. If you wait longer than 60 days, your eligibility to continue medical, vision and/or dental coverage, or participate in your Healthcare FSA, your coverage or participation will end.

Premium Payment

To extend coverage for yourself or your family, you are required to pay the entire cost of coverage plus administrative costs. The law states that this premium can be 102% of Pinellas County Schools' cost of providing benefits. This amount will be calculated yearly, and may vary from year to year.

Your initial premium payment must be paid no later than 45 days after you enroll. Your initial payment amount is retroactive, may cover more than one month, and will be larger than your remaining monthly payments. If your initial payment is late, you will not be able to continue coverage.

All subsequent payments must be made the first of each month. If these payments are not received on time, coverage will end. For this reason, you should be careful that all premium payments are made on time. If the premium payment is not paid by the end of the grace period, your continued coverage will end on the last day of the month for which a timely payment was received and you may not re-enroll.

When Continued Coverage Ceases

The COBRA law states that your continued coverage as a qualified beneficiary may be cancelled for any of the following reasons:

- Pinellas County Schools no longer provides coverage to any of its employees
- The premium for your continued coverage is not paid on time
- You or your dependents become eligible for coverage under another group plan (if you have a pre-existing condition not covered under your new plan, you may continue your old plan to cover that pre-existing condition)
- You or your dependents enroll in:
 - Medicare—Part A, Part B, or both
 - Medicare + Choice HMO
- You were divorced or widowed from a covered employee and later remarry and are eligible under your new spouse's group plan.

If You Have Questions

If you have any questions about this law, please contact Risk Management and Insurance at 727-588-6197, Monday through Friday, 8:00 a.m. to 4:30 p.m. ET.



Continued on next page.

Federal and Legal Notices, continued

Patient Protection and Affordable Care Act (PPACA, or Health Care Reform)

Starting in 2019, most Americans are no longer required to purchase health insurance coverage or pay a penalty. However, whether you are eligible for a premium subsidy depends on the plans offered by your employer. The medical plans offered by PSC meet the affordability and coverage requirements.

- If you are offered health coverage through PCS, you will not be eligible for a premium subsidy through the Federal Marketplace.
- If you receive a premium subsidy, and you are insurance benefits eligible you may be responsible to pay the premium subsidy back to the IRS.
- If you cannot afford to enroll your spouse and/or child(ren) in a PCS medical plan, there may be costeffective options through the federal Marketplace and/or Florida KidCare. If you choose to opt out of PCS coverage and buy insurance in the Marketplace:
 - You will not receive a contribution from PCS towards the cost of your Marketplace coverage
 - You will not be eligible for a government premium subsidy to help pay for your Marketplace coverage
 - You may be responsible to pay the premium subsidy back to the IRS if you receive one and are eligible for insurance benefits

HIPAA

Special Enrollment Rights

If you or your eligible dependent(s) lose coverage under a Children's Health Insurance Program (CHIP) or Medicaid due to loss of eligibility for such coverage or become eligible for the optional state premium assistance program, if available in your state, you may enroll in a District-sponsored medical plan within 60 days of the date coverage was terminated or the date of eligibility for the optional state premium assistance program. To review the full notice please go to *pcsb.org/beneflex-guide*.

Employee Privacy Notice

Under HIPAA legislation, your employer and your health plan are obligated to protect confidential health information that identifies you or could be used to identify you and relates to a physical or mental health condition or the payment of your health care expenses. To review the full notice please go to *pcsb.org/beneflex-guide*.

HIPAA requires your employer and your health plan to notify you and your beneficiaries about their policies and practices to protect the confidentiality of your health information.

Refer to your plan's privacy notice for a detailed description of:

- Your plan's information privacy policy;
- Ways the plan may use and disclose health information about you;
- · Your rights; and
- Obligations the plan has regarding the use and disclosure of your health information.

Family and Medical Leave of Absence

The Family Medical and Leave Act (FMLA) of 1993 allows you to take a leave of absence, without pay, for up to 12 weeks during any continuous 12-month period, for the following reasons:

- Birth of a child
- Adoption of a child
- Placement of a foster child into your care
- Caring for your seriously ill child, spouse, or parent
- Your own serious health condition
- For any qualifying exigency arising out of the fact that a spouse, son, daughter, or parent is a military member on covered active duty or called to covered active duty status.

An eligible employee may also take up to 26 work weeks of leave during a "single 12-month period" to care for a covered service member with a serious injury or illness, when the employee is the spouse, son, daughter, parent, or next of kin of the service member.

If you take a family medical leave to care for an ill family member or for your own serious illness, you may take the leave intermittently, as necessary.

ENROLL WITHIN 31 DAYS OF YOUR HIRE DATE!



You are eligible for family medical leave if you have worked for Pinellas County Schools for one year and have worked at least 1,250 hours during the previous 52 weeks prior to requesting the leave. You will pay the same group medical and dental insurance rates during your leave. When you return from your Family Medical Leave, you will be reinstated to the same or equivalent position.

Contact Human Resources for more information.

Workers' Compensation

Basic Facts

- 1. Workers' Compensation coverage is paid by Pinellas County Schools at no cost to you.
- 2. It is your responsibility to report a work-related accident to administration within 24 hours.
- 3. This coverage will pay for the most reasonable and necessary medical care if you have an illness or injury arising out of or in the course of your employment.
- 4. Pinellas County Schools has the right to choose the medical providers who will treat you.
- Workers' Compensation coverage also will replace part
 of your lost wages if your doctor says you must be out
 of work for a certain length of time because of a workrelated injury or illness.

How to Get Medical Care and Benefits

If you require medical attention due to your work-related illness or injury, please notify your supervisor. You must obtain treatment from a provider who is on the list of Workers' Compensation providers, posted at your work site. The list of providers is also available on the PCS Risk Management website at pcsb.org/risk-benefits. (For serious emergencies or for urgent care after hours, please proceed to the nearest emergency facility.)

Unauthorized absences and treatment received outside the PCS Workers' Compensation provider network are not covered.

If you have any questions, please contact Risk Management, Workers' Compensation at 727-588-6196.

Payment for Lost Wages

If your earnings are lower because of a work-related injury or illness, you may be able to receive some cash benefits (indemnity benefits). Your first 10 lost workdays will be covered by Pinellas County Schools, payable at 100% (maximum of 10 days paid per fiscal year). After this period, your wages will be paid through our Workers' Compensation carrier.

Your compensation rate will be based on 66% % of your average weekly wage, up to a yearly state maximum. You will be eligible for this benefit if you have a doctor's statement that indicates you are unable to return to work as a result of the accident or illness. (Physician must be an approved doctor from the Workers' Compensation network.)

Pinellas County Schools Modified Alternative Duties Program

Pinellas County Schools has developed a program designed to assist you while you are temporarily disabled due to a work-related injury or occupational disease. The Modified Alternative Duties Program is designed to offer a temporary (up to a maximum of 90 days) alternative work site or position where you can function during the healing and rehabilitation process.

Each placement is made considering all medical restrictions recommended by authorized Workers' Compensation providers. Please be assured, it is our intent to work closely with you and your physician on this matter.

If you have any questions concerning this program, please call Risk Management and Insurance at 727-588-6196.



Continued on next page.

Federal and Legal Notices, continued

Women's Health and Cancer Rights Act

The Women's Health and Cancer Rights Act of 1998 requires your health care plan to provide benefits for mastectomy-related services. These services include reconstruction and surgery to achieve symmetry between the breasts, prostheses, and complications resulting from a mastectomy (including lymphedemas). Coverage for these benefits or services will be provided in consultation with the participant's or beneficiary's attending physician.

If you are receiving, or in the future receive, benefits under a group medical contract in connection with a mastectomy, you are entitled to coverage for the benefits and services described above if you elect breast reconstruction. Your qualified dependents are also entitled to coverage for those benefits or services on the same terms. Coverage for the mastectomy-related services or benefits required under the Women's Health law are subject to the same deductibles and coinsurance or co-payment provisions that apply to other medical or surgical benefits your group medical contract provides.

Maternity and Newborn Length of Stay

Group health plans and health insurance issuers generally may not, under federal law, restrict benefits for any hospital length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a normal vaginal delivery, or 96 hours following a cesarean section. However, federal law generally does not prohibit the mother's or newborn's attending provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours as applicable). In any case, plans and issuers may not, under federal law, require that a provider obtain authorization from the plan or the insurance issuer for prescribing a length of stay not in excess of 48 hours (or 96 hours).



Notice Regarding the Wellness Program

Pinellas County Public Schools Be SMART is a voluntary wellness program available to all employees. The program is administered according to federal rules permitting employer-sponsored wellness programs that seek to improve employee health or prevent disease, including the Americans with Disabilities Act of 1990, the Genetic Information Nondiscrimination Act of 2008, and the Health Insurance Portability and Accountability Act, as applicable, among others. If you choose to participate in the wellness program you may be asked to complete a voluntary health risk assessment or "HRA" that asks a series of questions about your health-related activities and behaviors and whether you have or had certain medical conditions (e.g., cancer, diabetes, or heart disease). You will also be offered the opportunity to complete a biometric screening. which will include a finger stick blood test for cholesterol, triglycerides, and glucose. You are not required to complete the HRA or to participate in the blood test or other medical examinations.

Incentives may be available from the wellness program for employees who participate in certain health-related activities or achieve certain health outcomes. If you are unable to participate in any of the health-related activities or achieve any of the health outcomes required to earn an incentive, you may be entitled to a reasonable accommodation or an alternative standard. You may request a reasonable accommodation through the wellness program. A member may submit a Disability Accommodation form, also available upon request from the wellness program, to request alternative engagement options to accommodate the disability.

IRS rules state that certain incentives, such as gift cards, given to employees through an employee wellness program are taxable. All cash and cash-equivalent (example: gift cards) incentives, regardless of value, will be reported to payroll and included in the employee's income and are subject to payroll taxes.

The information from your HRA and the results from your biometric screening will be used to provide you with information to help you understand your current health and potential risks, and may also be used to offer you services through the wellness program, such as the Diabetic Care Program, YMCA Diabetic Prevention program, or the Tobacco Care Program. You also are encouraged to share your results or concerns with your own doctor.

ENROLL WITHIN 31 DAYS OF YOUR HIRE DATE!



Protections from Disclosure of Medical Information

We are required by law to maintain the privacy and security of your personally identifiable health information. Although the wellness program and Pinellas County Schools may use aggregate information it collects to design a program based on identified health risks in the workplace, no one will ever disclose any of your personal information either publicly or to the employer, except as necessary to respond to a request from you for a reasonable accommodation needed to participate in the wellness program, or as expressly permitted by law. Medical information that personally identifies you that is provided in connection with the wellness program will not be provided to your supervisors or managers and may never be used to make decisions regarding your employment.

Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is (are) Aetna's patient advocate in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact April Paul at 727-588-6136.

Important Notice from Pinellas County Schools About Your Prescription Drug Coverage and Medicare Part D

Please read this notice carefully and keep it where you can find it. This notice has information about your current prescription drug coverage with Pinellas County Schools and about your options under Medicare's prescription drug coverage. This information can help you decide whether or not you want to join a Medicare drug plan. If you are considering joining, you should compare your current coverage, including which drugs are covered at what cost, with the coverage and costs of the plans offering Medicare prescription drug coverage in your area. Information about where you can get help to make decisions about your prescription drug coverage is at the end of this notice.

There are two important things you need to know about your current coverage and Medicare's prescription drug coverage:

- Medicare prescription drug coverage became available in 2006 to everyone with Medicare. You can get this coverage if you join a Medicare Prescription Drug Plan or join a Medicare Advantage Plan (like an HMO or PPO) that offers prescription drug coverage. All Medicare drug plans provide at least a standard level of coverage set by Medicare. Some plans may also offer more coverage for a higher monthly premium.
- Pinellas County Schools has determined that the
 prescription drug coverage offered by the Aetna
 Prescription Drug Program is, on average for all plan
 participants, expected to pay out as much as standard
 Medicare prescription drug coverage pays and is
 therefore considered Creditable Coverage. Because your
 existing coverage is Creditable Coverage, you can keep
 this coverage and not pay a higher premium (a penalty)
 if you later decide to join a Medicare drug plan.



Continued on next page.

Federal and Legal Notices, continued

When Can You Join a Medicare Drug Plan?

You can join a Medicare drug plan when you first become eligible for Medicare and each year from October 15th through December 7th.

However, if you lose your current creditable prescription drug coverage through no fault of your own, you will also be eligible for a two-month Special Enrollment Period (SEP) to join a Medicare drug plan.

What Happens to Your Current Coverage if You Decide to Join a Medicare Drug Plan?

If you decide to join a Medicare drug plan and drop your current Pinellas County Schools coverage, be aware that you and your dependents will not be able to get this coverage back.

When Will You Pay a Higher Premium (Penalty) to Join a Medicare Drug Plan?

You should also know that if you drop or lose your current coverage with Pinellas County Schools and don't join a Medicare drug plan within 63 continuous days after your current prescription drug coverage ends, you may pay a higher premium (a penalty) to join a Medicare drug plan later.

If you go 63 continuous days or longer without creditable prescription drug coverage, your monthly premium may go up by at least 1% of the Medicare base beneficiary premium per month for every month that you did not have that coverage. For example, if you go 19 months without Creditable Coverage, your premium may consistently be at least 19% higher than the Medicare base beneficiary premium. You may have to pay this higher premium (a penalty) as long as you have Medicare prescription drug coverage. In addition, you may have to wait until the following November to join.

For More Information About This Notice or Your Current Prescription Drug Coverage...

More information, contact the Pinellas County Schools Risk Management and Insurance Department.

Note: You'll get this notice each year prior to the annual Medicare drug plan enrollment period, and if your coverage through Pinellas County Schools changes. You also may request a copy of this notice at any time.

For More Information About Your Options Under Medicare Prescription Drug Coverage...

More detailed information about Medicare plans that offer prescription drug coverage is in the "Medicare & You" handbook. You'll get a copy of the handbook in the mail every year from Medicare. You may also be contacted directly by Medicare drug plans.

For more information about Medicare prescription drug coverage:

- Visit medicare.gov.
- Call your State Health Insurance Assistance Program (see the inside back cover of your copy of the "Medicare & You" handbook for their telephone number) for personalized help.
- Call 800-MEDICARE (800-633-4227). TTY users should call 877-486-2048.

Date of Notice: October 2018

If you have limited income and resources, extra help paying for Medicare prescription drug coverage is available. For information about this extra help, visit Social Security on the web at socialsecurity.gov, 800-772-1213 (TTY 800-325-0778).

Name of Entity/ Sender: Pinellas County Schools Contact:
The Risk Management
and Insurance
Department

Address: 301 4th Street S.W., Largo, FL 33770 **Phone Number:** 727-588-6197



ENROLL WITHIN 31 DAYS OF YOUR HIRE DATE!



Medicaid and the Children's Health Insurance Program (CHIP) Offer Free or Low-Cost Health Coverage to Children and Families

If you are eligible for health coverage from Pinellas County Schools (PCS) but are unable to afford the premiums, some states have premium assistance programs that can help pay for coverage. These states use funds from their Medicaid or CHIP programs to help people who are eligible for employersponsored health coverage but need assistance in paying their health premiums.

If you or your dependents are already enrolled in Medicaid or CHIP and you live in Florida, you can contact the Florida Medicaid office to find out if premium assistance is available. If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, you can contact the Florida Medicaid office or dial 877-KIDS NOW or go to insurekidsnow.gov to find out how to apply. If you qualify, you can ask if Florida has a program that might help you pay the premiums for an employer-sponsored plan. (NOTE: If your children live outside of Florida, contact the appropriate Medicaid office for that state.)

Once it is determined that you or your dependents are eligible for premium assistance under Medicaid or CHIP, PCS's health plan is required to permit you and your dependents to enroll in the plan—as long as you and your dependents are eligible but not already enrolled in an PCS plan. This is called a "special enrollment" opportunity, and you must request coverage within 60 days of being determined eligible for premium assistance.

ALABAMA – Medicaid

Website: http://myalhipp.com/ Phone: 1-855-692-5447

ALASKA - Medicaid

The AK Health Insurance Premium Payment Program

Website: http://myakhipp.com/ Phone: 1-866-251-4861

Email: CustomerService@MyAKHIPP.com

Medicaid Eligibility: http://dhss.alaska.gov/dpa/Pages/medicaid/default.

ARKANSAS - Medicaid

Website: http://myarhipp.com/ Phone: 1-855-MyARHIPP (855-692-7447)

COLORADO - Health First Colorado (Colorado's Medicaid Program) & Child Health Plan Plus (CHP+)

Health First Colorado Website: https://www.healthfirstcolorado.com/

Health First Colorado Member Contact Center: 1-800-221-3943/State Relay 711

CHP+: Colorado.gov/HCPF/Child-Health-Plan-Plus CHP+ Customer Service: 1-800-359-1991/State Relay 711

FLORIDA - Medicaid

Website: http://flmedicaidtplrecovery.com/hipp/

Phone: 1-877-357-3268

GEORGIA - Medicaid

Website: http://dch.georgia.gov/medicaid Click on Health Insurance Premium Payment (HIPP)

Phone: 404-656-4507

INDIANA - Medicaid

Healthy Indiana Plan for low-income adults 19-64 Website: http://www.in.gov/fssa/hip/

Phone: 1-877-438-4479

All other Medicaid Website: http://www.indianamedicaid.com

All other Medicaid Phone 1-800-403-0864

IOWA - Medicaid

Website: http://dhs.iowa.gov/ime/members/medicaid-a-to-z/hipp

Phone: 1-800-257-8563

KANSAS - Medicaid Website: http://www.kdheks.gov/hcf/

Phone: 1-785-296-3512

KENTUCKY - Medicaid

Website: http://chfs.ky.gov/dms/default.htm

Phone: 1-800-635-2570

LOUISIANA - Medicaid

Website: http://dhh.louisiana.gov/index.cfm/subhome/1/n/331

Phone: 1-888-695-2447

MAINE - Medicaid

Website: http://www.maine.gov/dhhs/ofi/public-assistance/index.html

Phone: 1-800-442-6003TTY: Maine relay 711

MASSACHUSETTS - Medicaid and CHIP

Website: http://www.mass.gov/eohhs/gov/departments/masshealth/

MINNESOTA - Medicaid Website: http://mn.gov/dhs/people-we-serve/seniors/health-care/ health-care-programs/programs-and-services/other-insurance.jsp

Phone: 1-800-657-3739

MISSOURI - Medicaid Website: http://www.dss.mo.gov/mhd/participants/pages/hipp.htm

Phone: 573-751-2005

MONTANA - Medicaid Website: http://dphhs.mt.gov/MontanaHealthcarePrograms/HIPP

Phone: 1-800-694-3084

NEBRASKA - Medicaid

Website: http://www.ACCESSNebraska.ne.gov

Phone: (855) 632-7633 Lincoln: (402) 473-7000 Omaha: (402) 595-1178

NEVADA - Medicaid

Medicaid Website: http://dwss.nv.gov/

Medicaid Phone: 1-800-992-0900

NEW HAMPSHIRE - Medicaid Website: http://www.dhhs.nh.gov/oii/documents/hippapp.pdf

Phone: 603-271-5218

Hotline: NH Medicaid Service Center at 1-888-901-4999

NEW JERSEY - Medicaid and CHIP Medicaid Website: http://www.state.nj.us/humanservices/

dmahs/clients/medicaid/

Medicaid Phone: 609-631-2392

CHIP Website: http://www.njfamilycare.org/index.html

CHIP Phone: 1-800-701-0710

NEW YORK - Medicaid

Website: https://www.health.ny.gov/health_care/medicaid/

Phone: 1-800-541-2831

NORTH CAROLINA - Medicaid

Website: https://dma.ncdhhs.gov/

Phone: 919-855-4100

NORTH DAKOTA - Medicaid Website: http://www.nd.gov/dhs/services/medicalserv/medicaid/

Phone: 1-844-854-4825

OKLAHOMA - Medicaid and CHIP

Website: http://www.insureoklahoma.org

Phone: 1-888-365-3742

OREGON - Medicaid

Website: http://healthcare.oregon.gov/Pages/index.aspx http://www.oregonhealthcare.gov/index-es.html

PENNSYLVANIA - Medicaid

Website: http://www.dhs.pa.gov/provider/medicalassistance/ healthinsurancepremiumpaymenthippprogram/index.htm

Phone: 1-800-692-7462

RHODE ISLAND - Medicaid

Website: http://www.eohhs.ri.gov/ Phone: 855-697-4347

SOUTH CAROLINA - Medicaid

Website: http://www.scdhhs.gov Phone: 1-888-549-0820

SOUTH DAKOTA - Medicaid

Website: http://dss.sd.gov

Phone: 1-888-828-0059

TEXAS - Medicaid Website: http://gethipptexas.com/

Phone: 1-800-440-0493

UTAH - Medicaid and CHIP

Medicaid Website: https://medicaid.utah.gov/ CHIP Website: http://health.utah.gov/chip

Phone: 1-877-543-7669

VERMONT- Medicaid

Website: http://www.greenmountaincare.org/

Phone: 1-800-250-8427

VIRGINIA - Medicaid and CHIP

Medicaid Website: http://www.coverva.org/programs_premium_

assistance.cfm

Medicaid Phone: 1-800-432-5924

CHIP Website: http://www.coverva.org/programs_premium_assistance.

CHIP Phone: 1-855-242-8282

WASHINGTON – Medicaid

Website: http://www.hca.wa.gov/free-or-low-cost-health-care/program-

administration/premium-payment-program Phone: 1-800-562-3022 ext. 15473

WEST VIRGINIA - Medicaid

Website: http://mywvhipp.com/

Toll-free phone: 1-855-MyWVHIPP (1-855-699-8447)

WISCONSIN - Medicaid and CHIP

Website: https://www.dhs.wisconsin.gov/publications/p1/p10095.pdf Phone: 1-800-362-3002

WYOMING - Medicaid

Website: https://wyequalitycare.acs-inc.com/

Phone: 307-777-7531

To see if any more states have added a premium assistance program since July 31, 2018, or for more information on special enrollment rights, you can contact either:

U.S. Department of Labor Employee Benefits Security Administration • www.dol.gov/agencies/ebsa • 866-444-EBSA (3272)

U.S. Department of Health and Human Services Centers for Medicare & Medicaid Services • www.cms.hhs.gov • 877-267-2323, Menu Option 4, Ext. 61565

BENEFlex • CHOOSE YOUR BENEFITS

Notes	

Contact Information

Onsite Representatives	
Aetna (Claims Advisor)	727-588-6367
Aetna (Medical – Patient Advocate)	727-588-6137
Aetna (Health & Wellness Advocate)	727-588-6134
Sun Life Financial (Disability Claims)	727-588-6444
Risk Management and Insurance	
Main Number	727-588-6195 • (Fax) 727-588-6182
Insurance Benefits and Deductions—Employee	727-588-6197
Retirement (Insurance Benefits, DROP)	727-588-6214
Tax-Deferred Accounts	727-588-6141
Wellness	727-588-6031
Workers' Compensation	727-588-6196
Insurance Carriers	
Aetna Concierge Customer Service	866-253-0599
 Member Services (Group #109718) 	www.aetnapcsb.com
• Pharmacy	
Aetna PayFlex FSA Administration	
Aetna Mail Order Pharmacy	888-792-3862 N/A
EyeMed Vision Care	866-299-1358
	eyemed.com
Health Advocate	877-240-6863
Employee Assistance Program (EAP)	healthadvocate.com/member
Healthcare Bluebook	888-316-1824 pcsb.org/healthcarebluebook
Humana Advantage Dental (549095)	800-979-4760
Humana Advantage Dental (548085)	www.MyHumana.com
MetLife® Dental Plan—PDP (G95682)	800-942-0854
Molene Bernar Fan (B78882)	metlife.com/dental
MetLife® Voluntary Benefits	800-438-6388
(HIP, Auto, Legal, Pet Insurance, etc.)	metlife.com/mybenefits
Standard Insurance Company Life/AD&D Claims	800-628-8600
Teladoc	855-835-2362
	teladoc.com/aetna
Non-PCS Programs	
Florida KidCare	800-821-5437
	floridakidcare.org
Federal Health Insurance Marketplace	800-318-2596

This newsletter describes Pinellas County Schools employee benefit programs that will be effective for the plan year beginning January 1, 2019. This is only a summary of the benefit programs. Additional restrictions and/or limitations not included in this guide may apply. In the event of a conflict between this guide and the plan documents, the plan documents will control.





healthcare.gov

BENEFI²⁰¹⁹ ENERGY

Questions?

Call the Benefits Team: 727-588-6197

or visit our website at www.pcsb.org/risk-benefits

Departments • Human Resources • Risk Management





